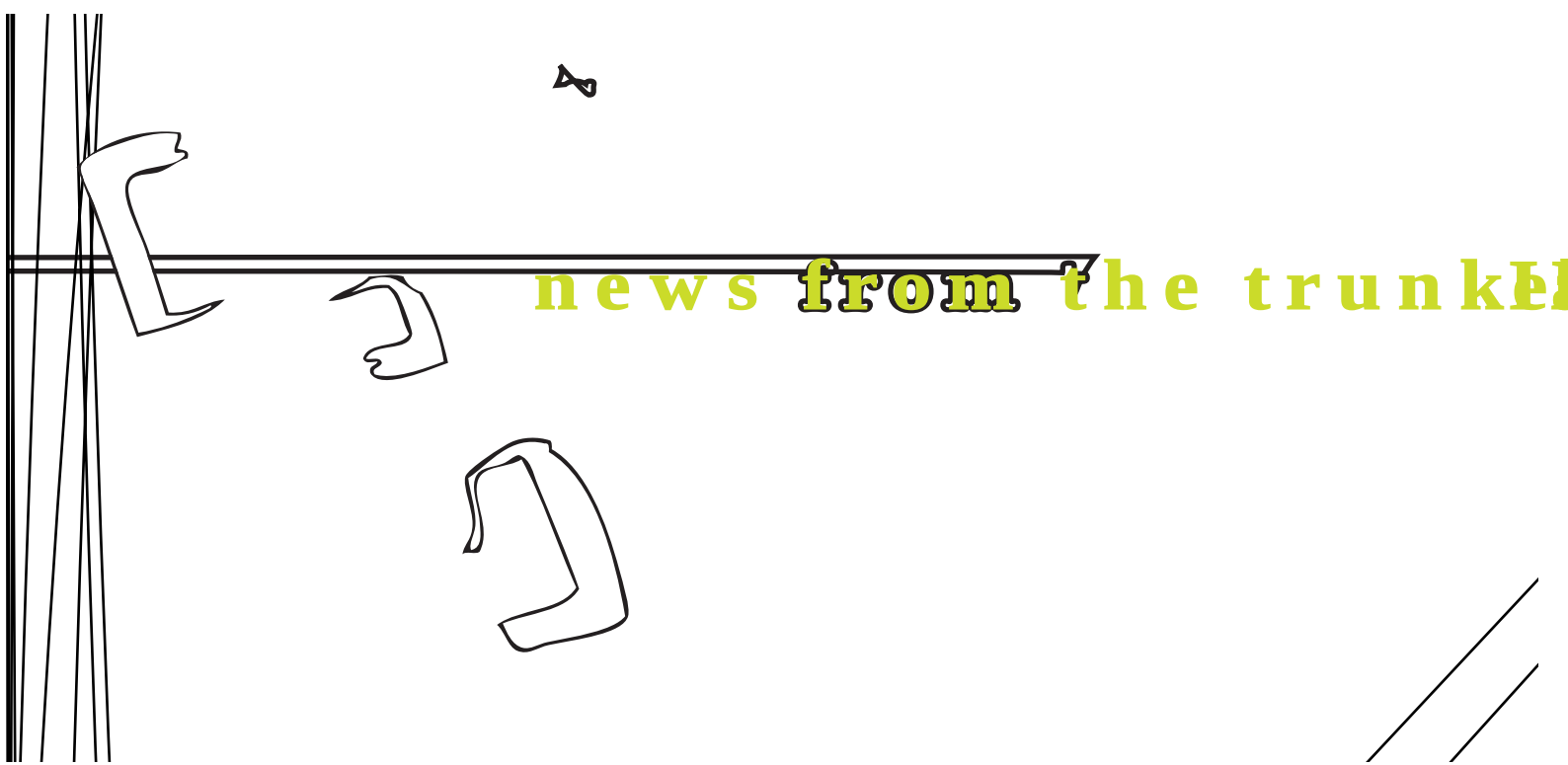




Dear Parents and Guardians,

At today's KAS Superintendent's Parent Information Seminar I spoke about 'The Importance of the KAS International School Experience-Building Resilience in Your Child'. I would like to share some of the main points made at the presentation.

I asked, 'Exactly what is happening to your child's developing personality as a result of the KAS international school experience?' Research shows that by attending a quality international school with children and families who represent many different nationalities and cultural backgrounds, and a school that is dedicated to providing an open minded inquiry based approach to learning, positive personality characteristics are developed in a child. Students in international schools are often referred to as Third Culture Kids (TCK). Their unique personalities become a mixture of elements of their own country's culture with elements of cultures from other countries.

Here are some of the positive personality characteristics and skills that our TCK's develop at KAS:

- resilience and adaptability

Dear Parents, Students and Friends,

At KAS we celebrate student achievement, this is why we have awards assemblies every quarter. On Wednesday, October 28, we had our First Quarterly Awards Assembly. Middle and high school students, parents and staff were here as we presented award certificates in the following categories, which align with the 4 C's of our Mission Statement:

Curriculum:

Golden Honor Roll - students received this award if they received all A's on their 1st Quarter report card.

Blue Honor Roll - students received this award if they received all A's and B's on their 1st Quarter report card.

Character/Citizenship/Community

Perfect Attendance - students received this award if they attended all days of school during the 1st Quarter.

Character Award - students received this award after being nominated by a teacher who feels the student has demonstrated good self-discipline, a positive self-image, and a strong sense of personal commitment and dedication to his/her own learning.

Citizenship Award- students received this award after being nominated by a teacher who feels the student has demonstrated the ability to reflect upon their own world and the world around them and is developing the skills required to make positive changes worldwide. Students who

earn this award have shown the ability to embrace the diversity present at Khartoum American School and celebrate the fact that it makes us a richer school community.

Community Award - students received this award after being nominated by a teacher who feels the student has demonstrated he/she is a cooperative, communicative, productive, and responsible young adult who views themselves and our school as integral parts of the global community.

Congratulations to all the students who received award!

Susan Boutros
High School / Middle School Principal

NEWS AND VIEWS FROM THE SPORTS DEPARTMENT

Integrity Passion Solidarity Discipline Respect

“Pressure is a Privilege”

Sport is about more than winning on the scoreboard. It's about helping you become better people who will succeed in life after you no longer participate in sports. Teams that qualify for the post-season are usually doing a lot right. The teams that play their best in the post-season usually keep doing what they've been doing. So even though we don't always compete in finals, let's keep doing the things that got us so far, the things a true positive competitor does.

Thought for the week:

“Don't make excuses make improvements” – Tyra Banks

Tennis great Billie Jean King said: “Pressure is a Privilege.” She meant that most athletes and teams don't get to play in games where a lot is at stake. Pressure can degrade performance when athletes focus on what-ifs rather than what they need to do – What if I mess up? What if we get beat?

If you get nervous, just focus on what you need to do next. Let the results of the game take care of themselves.

Reflection- Discussion Topics: What is your opinion about the statement that “pressure is a privilege”? Please submit your response at <http://goo.gl/forms/eKB65tvQ1h>

P. E. News

Participants learn about and practice how to invade another group's territory through a group basketball game. We ended this unit by playing an Inter-class basketball tournament.

Hanro van der Merwe
Athletic Director

